

# Therapeutic Programs

## TR FAMILY AND FRIENDS WALKING CLUB

Bring your family, buddies, or just yourself, and come get some exercise. We are going to meet at a local park once a week to walk and get some exercise. Come get fit and have fun with your friends at the same time.

**Day:** Monday  
**Date:** Session I: May 3 - May 24  
 Session II: July 19 - August 16  
**Time:** 4:30 p.m. - 5:30 p.m.  
**Fee:** Free  
**Age:** 10 & Older  
**Location:** TBD

**Course Code:**  
 21317  
 21318

## TR THURSDAY FUN DAYS

Come hang out with us, play a game, get some exercise, and have fun with your friends. We will meet once a week and enjoy some activities! Register for these events and come join the fun.

**Day:** Thursday  
**Date:** Session I: May 6 - June 3  
 Session II: August 5 - August 26  
**Time:** Session I: 3:00 p.m. - 4:00 p.m.  
 Session II: 4:00 p.m. - 5:00 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** Kiwanis Center

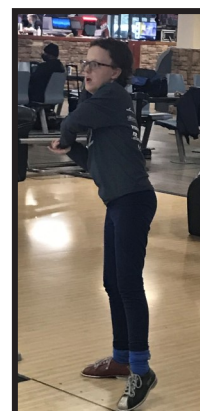
**Course Code:**  
 21319  
 21320

## TR BOWLING LEAGUE

Will you bowl a strike or a spare? What about a turkey?? Come out with your friends and just bowl with each other!!! Let's see who can get the highest score!!

**Day:** Tuesday  
**Date:** Session I: May 11 - June 15  
 \*No Bowling June 8\*  
 Session II: July 13 - August 10  
**Time:** 4:00 p.m.  
**Fee:** \$35 per session (resident)  
 \$52.50 per session (non-resident)  
**Age:** 18 & Older  
**Location:** Fayette Fun Bowl

**Course Code:**  
 21321  
 21322



## TR MOVIE & A MEAL

Let's enjoy a movie and hang out with our friends!!!! We will meet at the Kiwanis Center to watch a movie on our big screen. Supper and snacks will be provided! Bring your favorite movie, and we will vote on one to watch.

**Day:** Thursday  
**Date:** May 13  
**Time:** 5:45 p.m. - 8:00 p.m.  
**Fee:** \$7 (resident) \$10.50 (non-resident)  
**Age:** 12 & older  
**Location:** Kiwanis Activities House

**Course Code:**  
 21323

## TR SOCIAL

We're getting together as a group to enjoy a fun night with a cookout. We will cookout and enjoy a few games. Come join us for a fun night.

**Day:** Thursday  
**Date:** June 17  
**Time:** 5:00 p.m. - 7:00 p.m.  
**Fee:** \$14 (resident) \$21 (non-resident)  
**Age:** 16 & Older  
**Location:** Kiwanis Park Pavilion

**Course Code:**  
 21324

## TR KICKBALL NIGHT

Let's get together to play a game of kickball. Bring your family and friends and get out and enjoy a game of kickball. Everyone is welcome. We will pick teams and have a great time. See you there!!!!

**Day:** Friday  
**Date:** June 25  
**Time:** 5:30 p.m. - 6:45 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** Kiwanis Park

**Course Code:**  
 21325



**TR GAME NIGHT**

We are going to have a fun evening of games and activities. We will have bingo, corn hole, jenga, checkers, and connect four. You are welcome to bring your favorite game to play! Come join your friends for a fun day of games.

**Day:** Thursday  
**Date:** July 1  
**Time:** 4:00 p.m. - 6:30 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** East Fayette Gym

**Course Code:**  
21326

**MAPS 4th OF JULY PICNIC**

Let's keep the celebration of the 4th of July going!! Come enjoy a classic 4th of July Picnic. We will be grilling hotdogs and burgers and provide chips, drinks, and other snacks. Lawn games and other fun activities will also be part of the fun!

**Day:** Tuesday  
**Date:** July 6  
**Time:** 11:30 a.m. - 1:30 p.m.  
**Fee:** \$10 (resident) \$15 (non-resident)  
**Age:** Adult  
**Location:** Lake McIntosh

**Course Code:**  
21313

**TR PICNIC IN THE PARK**

Join us at Lake Horton for a picnic lunch at the pavilion with all of your friends. After lunch, we will continue to enjoy the outdoors as we stroll through the park and enjoy some games. You can walk or bring a bike to ride. Make sure to pack a picnic lunch and sunscreen. You don't want to miss out in this fun time in the sun!

**Day:** Monday  
**Date:** July 12  
**Time:** 11:00 a.m. - 2:00 p.m.  
**Fee:** Free  
**Age:** 10 & Older  
**Location:** Lake Horton South Pavilion

**Course Code:**  
21327

**TR HIKE AT LINE CREEK**

Come meet us at Line Creek nature area in Peachtree City for a hike and picnic. We will meet at Line Creek Nature Area for a picnic lunch, then explore the trails and scenery. There are almost three miles of trails at Line Creek, so there will be plenty of area for us to explore. Remember to bring a lunch, plenty of water, sunscreen, and anything else you will need to be out and about.

**Day:** Friday  
**Date:** July 23  
**Time:** 11:30 a.m. - 2:00 p.m.  
**Fee:** Free  
**Age:** 12 & Older  
**Location:** Line Creek Nature Area, Peachtree City

**Course Code:**  
21328

**TR WATER WARS**

Come join us for our inaugural TR Water Wars. We will have fun events like water relay races, a water balloon toss, and water guns and balloon battles. Feel free to bring your own water gun. Come prepared to get soaked.

**Day:** Friday  
**Date:** August 13  
**Time:** 2:00 p.m. - 4:00 p.m.  
**Fee:** \$8 (resident) \$12 (non-resident)  
**Age:** 12 & Older  
**Location:** Kiwanis Park

**Course Code:**  
21329

**TR BINGO NIGHT**

Come join us for a fun night of Bingo. We will play Bingo with prizes. Plan to hang out with your friends and enjoy a fun game night.

**Day:** Thursday  
**Date:** August 26  
**Time:** 6:30 p.m. - 8:30 p.m.  
**Fee:** \$5 (resident) \$7.50 (non-resident)  
**Age:** 12 & Older  
**Location:** Kiwanis Activities House

**Course Code:**  
21330

**TR ELEMENTS OF STUDIO ART**

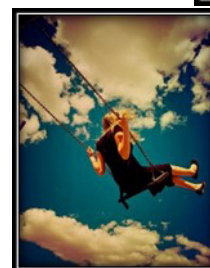
Studio art encourages social interaction while exploring many art mediums, styles and techniques. We will enjoy painting, drawing, collaging and sculpting to name a few. Each class introduces new artists and creative ideas while exploring and experimenting with a variety of materials, mixed mediums and creative styles. You will leave every art class with your own masterpiece- not to mention the friendships you will make during your creative process. Come share your inspirations and creativity amongst friends! Supplies included.

**Day:** Thursday **Course Code:**  
**Date:** Session I: May 6 - May 20 21331  
 Session II: August 12 - August 26 21332  
**Time:** 5:00 p.m. - 6:00 p.m.  
**Fee:** \$80 per session (resident) \$120 per session (non-resident)  
**Age:** 12 & Older  
**Location:** Downstairs Activities House

**TR ART WORKSHOP: “Head in the Clouds” over you!**

**New!** Mother’s Day is around the corner (May 9th) and this art class will provide an opportunity for you to create a mixed medium collage for your mother or nurturing woman in your life. We will use a family photo and create a whimsical story by either swinging from the clouds, reaching for the clouds or perhaps imagining cotton candy clouds on an medium canvas. Please note: A photo will be requested and then edited to fit the imaginary, yet whimsical story. Supplies included. **Image is a visual example which is never exact.**

**Day:** Tuesday **Course Code:**  
**Date:** May 4 21333  
**Time:** 5:00 p.m. - 7:00 p.m.  
**Fee:** \$120 (resident) \$180 (non-resident)  
**Age:** 12 & Older  
**Location:** Downstairs Activities House

**TR ART WORKSHOP: “HEEY, Batter- Batter, Swiiling Batter!”**

**NEW Technique!** Come celebrate the beginning of summer with friends and take home a beautiful piece of patriotic art. Baseball is America’s game so it only makes sense to explore a new technique by using actual baseball bats! Plastic bats will be used instead of wood (scale around: 24x36) Supplies included.

**Day:** Tuesday **Course Code:**  
**Date:** May 18 21334  
**Time:** 5:00 p.m. - 7:00 p.m.  
**Fee:** \$130 (resident) \$195 (non-resident)  
**Age:** 12 & Older  
**Location:** Downstairs Activities House

**TR ART Camp – Knowledge of the HIGHest**

**YES, we are going this summer!** The High is taking exceptional safety measures against COVID and since our group is small, we will be on our own time slot. However, masks are required for ALL participants. Summer break means a trip to The High Museum of Art and of course The Varsity!!! We are continuing a good thing (while taking safety precautions) and igniting student’s imagination and creativity in our week long workshop! Each student will begin their workshop on Tuesday (The High is closed on Mondays) with a trip to the newly renovated **High Museum of Art**. Following the visit, will begin your creative process. We will focus on **two** separate artists (on exhibit at The High) and create upon **oversized** canvas using a mixture of mediums. **Admission to the High, lunch at The Varsity, snacks, lifelong friends and supplies are included.**

**Art Camp day:** Tuesday - Friday (Note: Field Trip Day & Time!)  
**Art Camp date:** June 2 - June 4 (Wednesday - Friday)  
**Art Camp time:** 2:00 p.m. - 5:00 p.m. **Course Code:**  
**Field Trip Day:** Tuesday 21335  
**Field Trip Date:** June 1  
**Field Trip time:** 8:30 a.m. - 2:30 p.m.  
**Fee:** \$350 (resident) \$525 (non-resident)  
**Age:** 13 & Older  
**Location:** Downstairs Activities House



**TR ART 2-DAY WORKSHOP: Monday Matinee with Mixed Media**

**Back by Popular demand! This will be different than your last one! The idea is to have your art grouped together once it's all complete.** We will begin the first day with a trip to the movies. **Monday Matinees** are the perfect summer break treat! After the movie we will head back to the art room to paint the background on our 16X16 canvas. On **Tuesday** we will return to the art room to paint our "pop" inspired painting inspired by our fave movie treats. Last summer we painted Popcorn and many of you were talking about this for days! It's one of my absolute favorites. **Visual example only.** Popcorn painting by Helena Ficklin. **Movie ticket, popcorn, drink and supplies included.**

**Day:** Monday & Tuesday**Course Code:****Date:** June 28 & June 29

21336

**Time:** Monday Movie Time-**Please note matinee time/place will be shared as it gets closer**

Students will return to the art room for an hour to paint the background of their 16x16 canvas.

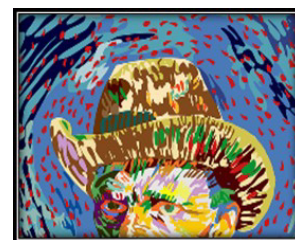
Tuesday 2:00 p.m. - 4:00 p.m.

**Fee:** \$230 (resident) \$345 (non-resident)**Age:** 12 & Older**Location:** Downstairs Activities House**TR ART 2-DAY WORKSHOP: Frida & Vincent Inspired Self-Portraits**

Our Inspiration for this class is found from Frida Kahlo and Vincent Van Gogh. Students will use their own headshot for their impressionist painting which will include some 2D texture. The possibilities are endless. The medium scale masterpiece will be vibrant and a little mysterious. **Images are an example. Frida and Vincent's face will reflect your own!** Supplies and snacks included.

**Day:** Tuesday & Wednesday**Course Code:****Date:** July 6 & July 7

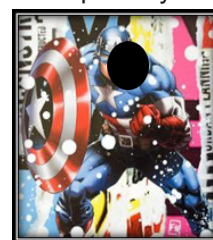
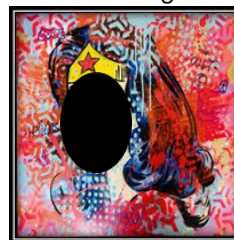
21337

**Time:** 2:00 p.m. - 4:00 p.m.**Fee:** \$230 (resident) \$345 (non-resident)**Age:** 12 & Older**Location:** Downstairs Activities House**TR ART 2-Day WORKSHOP: You are a SUPER HERO!**

**NEW Technique!** Come out of the summer sizzle and hang with some cool super heroes- your friends. We will create an oversized Mixed Medium masterpiece that will have **your photo** on **your favorite fabulous Avenger!** Your family and friends are going to marvel over this masterpiece!!! Supplies and snacks included \*Images are an example only.

**Day:** Tuesday & Wednesday**Course Code:****Date:** July 13 & July 14

21338

**Time:** 2:00 p.m. - 4:00 p.m.**Fee:** \$230 (resident) \$345 (non-resident)**Age:** 12 & Older**Location:** Downstairs Activities House**TR ART WORKSHOP: "Selfie" Silhouettes**

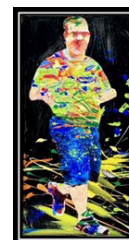
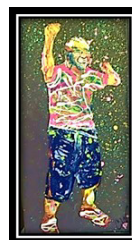
**Students FAVE!** I am offering this class again as so many of you absolutely loved it and some missed out.

Summer is coming to an end but the art room is still actively creating cool art. Tell your friends as every student will have a selfie of their entire body so we can transform the entire shape into a **12x20** colorful painted silhouette. Each silhouette will be different as one may choose an action of dance, basketball, and swimming, listening to music, running or pointing up at the stars. Perhaps, add to the other one if you already made one (look to this example of Christopher Wilson's!)

Come join your friends for a cool painting workshop to share amongst your friends. Of course you are granted bragging rights. All materials included. **Art by Chris Wilson.**

**Day:** Tuesday**Course Code:****Date:** August 10

21339

**Time:** 5:00 p.m. - 7:00 p.m.**Fee:** \$125 (resident) \$187.50 (non-resident)**Age:** 12 & Older**Location:** Downstairs Activities House**TR ART WORKSHOP: Painting emotions**

Your color palette will reflect your mood as you choose and apply brushstrokes to a oversized canvas wherever **you** fill inspired to do so! **This class is truly all about you.** Join your friends in a night of self-expression through color, music and wonder. All Supplies are included.

**Day:** Tuesday**Course Code:****Date:** August 24

21340

**Time:** 5:00 p.m. - 7:00 p.m.**Fee:** \$120 (resident) \$180 (non-resident)**Age:** 12 & Older**Location:** Downstairs Activities House