Fayette County Parks & Recreation Department (770) 716 - 4320 recreation@fayettecountyga.gov

GIRLS VOLLEYBALL LEAGUE (Ages 8-14) FALL 2020 REGISTRATION FORM

Employee Initials: Extra Shirts? # Total Paid:		NR Fee Yes / No Late fee Yes / No Extra Shirts? #
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REGISTRATION DATES: Aug 10—Aug 25-*First Come, First Served Until Full!* **Late fee: Add \$5 after 8/25 Fees:** \$40 Fayette Resident \$60 Another County \$60 Another

Register online*: www.fayettecountyga.gov/parks_and_recreation (click "Online Payment Information") *Participants registering online must still submit this form (in person, mail, or email).

The tentative start week is September 7th

PLEASE PRINT CLEARLY.				BRONZE (10 & Und SILVER (12 & Unde	,
Athlete #1	_Grade	Division (c	ircle one)	,	•
Current School Attending			_Age		
Birthdate					
List Volleyball Experience			_ Height	Ft Ir	n
Shirt Size (circle): YOUTH Medium / Large / X-Large	-or-	ADULT Sma	all / Mediu	um / Large / X-Large	Э
Athlete #1	_Grade	Division (ci	rcle one)	BRONZE (10 & Under SILVER (12 & Under	
Current School Attending:	Age			GOLD (14 & Under)	
Birthdate					
List Volleyball Experience			_ Height	Ft Ir	n
Shirt Size (circle): YOUTH Medium / Large / X-Large	-or-	ADULT Sma	all / Mediu	um / Large / X-Large	Э
Address					_
CityState	te Zip _	County	/		_
Primary Phone	Secondary Pho	ne			
Primary Email Secondary Email Secondary Email *Please PRINT your complete e-mail address(es) clearly and legibly. Email will be the primary means of communication during the season.					
Mother/Guardian	=	-		_	
Please circle one: I live in the following area:					
Fayetteville Unincorporated Fayette County	/ Town of E	Brooks P	eachtree	City	
Town of Tyrone Woolsey Anothe	er County (Add	50% Surcharge	to League	e Fee)	
Does your child need a modification due to disability to	enjoy this progr	ram?			_
Would you like to pre-pay for additional t-shirts (\$1 YesNo If yes, list qu					
Additional fee: shirts x \$10 each = \$ (Must be paid at time of league registration.)					

In past seasons, some parents have found it helpful to have more than one shirt per player, so they didn't have to wash laundry as frequently or if the shirt is accidently bleached/stained/lost (it has happened). Silver/Gold players will not be able to compete in games without the correct team jersey. There will be no late/replacement shirt orders.

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PRINT Name of Pla	yer(s)			
rights and claims for cany claim arising out calso verify that adequ	lamages against the Fayette Co of any injury or damages to mys ate medical insurance is in effe	ges that participation is voluntary ounty Board of Commissioners an elf/child. By signing this release, l ect during this period. In the ever ency to seek immediate medical at	d all employees and memb /the guardian consent to su it of an emergency and I ca	ers of the same, for ch participation and
whatsoever for use in and in any other public of my name/child's na	the Fayette County Parks & Recations produced for the Fayette ame in any part of those publications.	ony and all photographs and/or vecreation newsletter, brochures, flee County Parks and Recreation Dutions listed above. I have read the dwill adhere to the FCPRD Progr	yers, on the County and de epartment. Consent is also is document and am fully a	partment web sites, granted for any use ware of the content
are essential. Particip promote the developm	arks & Recreation Department of ants, parents, official, administr	understands that sportsmanship is ators and spectators have a duty de of conduct applies to all particip s/events.	to assure that their teams/co	ommunities
	mwork, fairness, caring, and citi	ne development of good character exenship while promoting emotion		
•		opponents, and others associate	d with the activity/event.	
♦ Participants will p	romote fair play and uphold the	spirit of the rules in the activity/ev	ent.	
♦ Participants will m	nodel appropriate behavior at all	times.		
I have read and under be disciplined or remo violations of any of its games) are familiar winderstand teammates (ved from a Fayette County Park provisions. I will make sure that th, and adhere to, the Code of 0 d that my contact information (Silver/Gold only). Contact into ved a copy of the "HEADS of the Code of the "HEADS of the Code of the "HEADS of the Code of the "HEADS of the Code of the C	Code of Conduct and acknowledge (s & Recreation Department spon- It the participant, family members, Conduct. In (phone number and/or email) In formation for Bronze Division pour concussion in Youth Spor-	sored event/activity and/or f and our invited guests (obs will be shared with my c layers will only be shared	acility if found in erving practices/ hild's coach(es) & with instructor.
PRINT Name of Pa	rent/Guardian	SIGNATURE of Parent/Gua	rdian	Date
Volunteers are an in Silver & Gold divisions	integral part of our Youth \ sions) for coaches and assis Email:	LUNTEERS - Ask for a Volleyball Leagues. We are itants NYSCA Volleyball Coac	n need of adult volunte hes Training is available. le (one	ers (especially Team Parent
name	Phone:		or more): Assist. Coach	Line Judge
	Shirt Size	Preferred Team Color 1)	2)	3)
FREE Mandato	ry Reporter of Suspected Ab	use Training - www.prosolutio	onstraining.com (under C	ourse Menu)
FREE Online C	oncussion Training for Yout	h Sports: www.cdc.gov/concu	ssion/HeadsUp/online_tra	aining.html
Teen Volleyball Play	ers: We are also in need of tea	en volleyball players to assist as ith the Bronze Division , but a 7 th	Peer Mentors (coaches' a	ssistants) for
Name:	Phone	Email:		
		vision/Weeknight:		

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CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- · One pupil larger than the other
- · Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- · Weakness, numbness, or decreased coordination
- · Repeated vomiting or nausea
- · Slurred speech
- · Convulsions or seizures
- · Cannot recognize people or places
- · Becomes increasingly confused, restless, or agitated
- · Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINKYOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

FREE Concussion Training Course for Parents: www.cdc.gov/concussion/HeadsUp/online training.html

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Athlete Name(s)	
Parent/Guardian Name PRINT	
Parent/Guardian Name SIGNATURE	Date

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Parent/Athlete Concussion **Information Sheet**

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a "ding," "getting your bell rung," or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion listed below after a bump, blow, or jolt to

Did You Know?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

SIGNS OBSERVED BY COACHING STAFF	SYMPTOMS REPORTED BY ATHLETES
Appears dazed or stunned	Headache or "pressure" in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or blurry vision
M oves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (even briefly)	Feeling sluggish, hazy, foggy, or groggy
Shows mood, behavior, or personality changes	Concentration or memory problems
Can't recall events prior to hit or fall	Confusion
Can't recall events after hit or fall	Just not "feeling right" or "feeling down"