

## SUMMER 2011 Add-on Programs

### MIDDLE SCHOOL VOLLEYBALL CAMP - BUMP...SET...SPIKE!

Here's a chance to learn the basics or fine-tune your volleyball skills from passing to serving or in between. Bring your friends and learn skills, techniques, court knowledge, and volleyball try-outs through instruction, drills, and games. Each participant will receive a t-shirt!



Day: Monday, Wednesday, Friday  
Date: July 11, 13, 18, 20, 22  
Time: 6:30 p.m. – 9:00 p.m.  
Fee: \$60 per person  
Age: 11 – 14 years old  
Location: East Fayette Gym

**Everyone bring LOTS OF WATER and provide t-shirt size upon registration!  
DEADLINE TO REGISTER IS FRIDAY, JUNE 24!**



### ZUMBA with KAREEN

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out, to love working out, to get hooked. Zumba® Fanatics achieve long-term benefits while experiencing an absolute blast of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Day: Mondays and Wednesday  
Date: June 6 - June 29                      Course code: S11178  
          July 18, 25, - August 3              Course code: S11180  
          August 8 - August 31                Course code: S11180  
Time: 5:30 p.m. - 6:30 p.m.  
Fee: \$30 per resident                      \$45 non-resident  
Age: Adult  
Location: East Fayette Gym

**July session will be \$22.50 per resident. Drop-in rate of \$5! Pre-registration is required. Use course code when registering online.**  
[http://www.fayettecountyga.gov/parks\\_and\\_recreation/OnlineRegistration.htm](http://www.fayettecountyga.gov/parks_and_recreation/OnlineRegistration.htm)

**For more information 770.716.4320!**