



MONDAY VINIYASA FLOW YOGA

Day: Monday
Date: March 11—April 29
Time: 5:45 p.m. - 7:00 p.m.
Age: 16 & Older
Location: Activities House

Course Code: 19050

TUESDAY YOGA-PILATES FUSION

Day: Tuesday
Date: March 12—April 30
Time: 8:45 a.m. - 9:45 a.m.
Age: 16 & Older
Location: Activities House

Course Code: 19052

WEDNESDAY INTRO TO ASHTANGA YOGA

Join us to learn the basics of Ashtanga yoga. Suitable for all levels.

Day: Wednesday
Date: March 13—May 1
Time: 6:00 p.m. - 7:00 p.m.
Age: 16 & Older
Location: Activities House

Course Code: 19054

YOGA

Fayette County Parks and Recreation

Parks and Recreation Office:
 980 Redwine Rd.
 Fayetteville, Ga. 30215

Mailing Address:
 140 Stonewall Ave. West
 Fayetteville, Ga. 30214

Phone: 770-716-4320

E-mail:
recreation@fayettecountyga.gov

Website:
www.fayettecountyga.gov

THURSDAY GENTLE YOGA

Day: Thursday
Date: March 14—May 2
Time: 11:30 a.m. - 12:30 p.m.
Age: 16 & Older
Location: Activities House

Course Code: 19056

ASHTANGA FULL PRIMARY SERIES MYSORE STYLE

Day: Friday
Date: March 15—May 3
Time: 8:45 a.m. - 10:15 a.m.
Age: 16 & Older
Location: Activities House

Course Code: 19058

Payment Options:

Full-time Session

Early Registration: \$75 per resident \$112.50 per non resident
 Must be registered before March 4

Regular Registration: \$80 per resident \$120 per non-resident
 Beginning March 4

4-Class Pass: \$45 per resident \$67.50 per non-resident
Drop-In: \$14 per resident \$21 per non-resident