



Student Athlete Camp: NCAA Lacrosse and Fear Factor Camp

Fayette County Parks and Recreation

Parks and Recreation Office:

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Boys and girls can learn to play one of the fastest growing sports in the United States. Lacrosse is action packed and lots of fun! The sport has elements of soccer, football, basketball and hockey. All equipment will be provided in this highly instructional program. Players will receive training on the fundamentals, including: passing and catching, fielding ground balls, cradling, spacing, positioning, and defense. Then they play fun game situational scrimmages, which helps them learn more and enjoy the fast-paced action of the game. Plastic sticks and soft balls are used. No checking, stick checking, or poking will be permitted! At the end of the week, players will participate in a fun "NCAA Championships." Campers will cool down from lacrosse and then have a chance to face their fears, while having a blast doing so! Activities will include edible bugs, team building trust games, making slime, and many more creepy, gooey, fun activities!

Day: Monday—Friday

Date: July 16—July 20

Time: 9:00 a.m.—4:00 p.m.

Fee: \$180 (resident)

Age: 4—12 years old

Location: Kiwanis Center

Before Care (7:30 a.m.—9:00 a.m.): \$15 paid to Jump Start

Course Code: 18364

\$270 (non-resident)