



MONDAY VINYASA FLOW YOGA

Day: Monday
Date: September 9—October 21
Time: 5:45 p.m. - 7:00 p.m.
Age: 16 & Older
Location: Activities House

Course Code: 19434

TUESDAY YOGA-PILATES FUSION

Day: Tuesday
Date: September 10—October 22
Time: 8:45 a.m. - 9:45 a.m.
Age: 16 & Older
Location: Activities House

Course Code: 19436

WEDNESDAY INTRO TO ASHTANGA YOGA

Join us to learn the basics of Ashtanga yoga. Suitable for all levels.

Day: Wednesday
Date: September 11—October 23
Time: 6:00 p.m. - 7:00 p.m.
Age: 16 & Older
Location: Activities House

Course Code: 19438

YOGA

Fayette County Parks and Recreation

Parks and Recreation Office:

980 Redwine Rd.
Fayetteville, Ga. 30215

Mailing Address:

140 Stonewall Ave. West
Fayetteville, Ga. 30214

Phone: 770-716-4320

E-mail:
recreation@fayettecountyga.gov

Website:
www.fayettecountyga.gov

Payment Options:

Full-time Session: \$71 per resident \$106.50 per non-resident
Beginning September 1

4-Class Pass: \$45 per resident \$67.50 per non-resident
Course Code: 19432

Drop-In: \$14 per resident \$21 per non-resident