

PHYSICAL FITNESS PROGRAMS

ECO-ZIPLINE CANOPY

You've climbed up the 60-foot observation tower and are now standing on the first platform as you get checks, practice, and rechecks on your equipment. You look at your Canopy Guide, who smiles and gives you the "thumbs up" and you hear "ARE YOU READY?" Are you ready to challenge yourself on one of the longest and highest canopy tours in the world?



Day: Saturday
 Date: April 24
 Time: 10:00 a.m. - 6:00 p.m.
 Fee: \$100 per person
 Age: 10 & older
 Location: Whitesburg, Georgia



Children under 18, who are not with a scheduled group, must have parent or guardian present. Participants must be at least 10 years old, and weigh at least 100 pounds, 250 pounds maximum for the ladies, and 285 pounds maximum for the guys. Tandem rides are not available.

GIFT CERTIFICATES AVAILABLE!

4th ANNUAL "PRIDE IN OUR PARKS" PHOTO CONTEST

The Fayette County Parks and Recreation Department is calling all photographers to submit their best photography works in the 4th Annual "Pride in Our Parks" Photo Contest.

Entry Deadline: April 30
 Fee: \$5 per photo entry
 Age: Open to All Ages

Photos must have been taken in any of the following county parks:

- o Brooks Baseball/Softball Complex
- o Kenwood Park
- o Kiwanis Park (Redwine Road)
- o Lake Kedron
- o Lake Horton
- o McCurry Park
- o Starr's Mill



SMARTSTART FOR PADDLERS

The perfect introduction to recreational paddling and a great "refresher" course for experienced paddlers that need to revisit the basics of paddling. The America's Canoe Association in conjunction with the United States Coast Guard identifies the goal of SmartStart for Paddlers to teach paddlers safe boating practices and how to manage the risks for an enjoyable paddling experience. It's the goal that will carry the paddler forward through a lifetime of boating. Participants will also learn information about local paddle locations and have an opportunity to network with other paddlers.

Day: Saturday
 Date: March 13
 Time: 10:00 a.m. - 12:00 p.m.
 Fee: \$5 per person
 Age: All Ages
 Location: Kiwanis Center



BOOT CAMP ROUNDUP

Get your body ready for the spring season and join us for some BOOT CAMP magic. Have you every wondered if a Boot Camp was for you? Do you hate signing up for a class only to find out that is not what you thought it was? Here is your chance to test your BOOT CAMP skills in a one-day workshop.

Saturday, February 20
 9:00 a.m. - 10:00 a.m.
 \$15 per person
 18 & older
 LaFayette Educational Center



ADULT TENNIS KENWOOD PARK

Day: Monday - Friday
 Date: **Session I:** January 4 - 8
 Session II: January 11 - 15
 Session III: January 18 - 22
 Session IV: January 25 - 29
 Session V: February 1 - 5
 Session VI: February 8 - 12
 Time: 8:45 a.m. - 9:40 a.m.
 Fee: \$30 per week
 Age: Adult
 Location: Kenwood Park

770.716.4320



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