

QuickStart Tennis is an exciting format for learning tennis developed by the United States Tennis Association. It is designed to bring kids/youth into the game by adapting the equipment, court dimensions, and the scoring to the age, skill, and size of children just like other youth sports. Each lesson will include movement activities and progressive skill development to learn forehands, backhands, and serves in fun and exciting ways. **Youth Only:** Bring a racket to every class and bring an unopened can of tennis balls to the first class only.

Pee Wee Tennis PM Classes

Day: Monday - Thursday
 Date: Session I: June 13 - 16 **Course Code: 16164**
 Session II: June 27 - 30 **Course Code: 16165**
 Session III: July 25 - 28 **Course Code: 16166**
 Time: 6:00 p.m. - 6:45 p.m.
 Fee: \$45 per resident \$67.50 per non-resident
 Age: 4 - 7 years old
 Location: Kiwanis Tennis Courts



Youth Tennis PM Classes

Day: Monday - Thursday
 Date: Session I: June 13 - 16 **Course Code: 16167**
 Session II: June 27 - 30 **Course Code: 16168**
 Session III: July 25 - 28 **Course Code: 16169**
 Time: 7:00 p.m. - 8:00 p.m.
 Fee: \$45 per resident \$67.50 per non-resident
 Age: 8 - 12 years old
 Location: Kiwanis Tennis Courts

Pee Wee Tennis AM Classes

Day: Monday - Thursday
 Date: Session I: June 6 - 9 **Course Code: 16170**
 Session II: June 20 - 23 **Course Code: 16171**
 Session III: July 11 - 14 **Course Code: 16172**
 Time: 10:15 a.m. - 11:00 a.m.
 Fee: \$45 per resident \$67.50 per non-resident
 Age: 4 - 7 years old
 Location: Kiwanis Tennis Courts



Youth Tennis AM Classes

Day: Monday - Thursday
 Date: Session I: June 6 - 9 **Course Code: 16173**
 Session II: June 20 - 23 **Course Code: 16174**
 Session III: July 11 - 14 **Course Code: 16175**
 Time: 9:00 a.m. - 10:00 a.m.
 Fee: \$45 per resident \$67.50 per non-resident
 Age: 8 - 12 years old
 Location: Kiwanis Tennis Courts

KIWANIS PARK TENNIS DRILLS

Improve all your tennis skills and learn to play like the pros! The drills are designed to help you improve your technique for the following shots that you will encounter in competitive tennis: forehands, backhands, volleys, half-volleys, overhands, and serves. Emphasis will be placed on proper technique including back-swing, footwork, racket face control, and follow through, plus improving your court positioning. We will also focus on avoiding injuries and building stamina. "Tennis is more fun when you are improving," so bring your racket and raise your skill level! All drills will include games and competition to put your new strokes to the test. Drills led by Mike Wilson, a P.T.R. Certified Instructor and an A.C.E. Certified Personal Trainer.

Day: Saturdays
 Date: Session I: May 7 & 8 (Sunday) **Course Code: 16176**
 Session II: June 4, 11, 18, 25 **Course Code: 16177**
 Session III: July 9, 16, 23, 30 **Course Code: 16178**
 Session IV: August 6, 13, 20, 27 **Course Code: 16179**
 Time: 6:00 p.m. - 7:00 p.m.
 Fee: Session I: \$20 per resident \$30 per non-resident
 Sessions II, III, & IV: \$40 per resident \$60 per non-resident
 Age: 14 & older
 Location: Kiwanis Tennis Courts

