COUNTY AGENDA REQUEST

Department:	Commissioners	Presenter(s):	Commissioner Allen McCarty
Meeting Date:	Thursday, June 13, 2013	Type of Request:	Presentation/Recognition

Wording for the Agenda:

Presentation by Executive Director Pam McCollum concerning the McIntosh Trail Community Service Board.

Background/History/Details:

Commissioner Allen McCarty has asked Executive Director Pam McCollum to speak to the Board of Commissioners concerning the McIntosh Trail Community Service Board and its benefits for Fayette County.

Currently, Fayette County has three citizens who have been appointed to the McIntosh Trail Community Service Board: Reverend John Culbreath, Ken Schall, and Linda Lane.

What action are you seeking from the Board of Commissioners?

No action is required. Executive Director Pam McCollum will give a presentation concerning the McIntosh Trail Community Service Board.

If this item requires funding, please describe:

Not Applicable.

Has this request been considered within the past two years?	No	If so, when?	
Is Audio-Visual Equipment Required for this Request?*	Yes	Backup Provided with Request?	Yes

**** All audio-visual material must be submitted to the County Clerk's Office no later than 48 hours prior to the meeting. It is also your department's responsibility to ensure all third-party audio-visual material is submitted at least 48 hours in advance.***

Approved by Finance	Not Applicable	Reviewed by Legal	
Approved by Purchasing	Not Applicable	County Clerk's Approval	Yes
Administrator's Approval			

Staff Notes:

McIntosh Trail Community Service Board

www.mctrail.org

Who Are We??

- Public corporation
- Instrumentality of the State of Georgia
- Provider of mental health, developmental disabilities and addictive disease services
- Service area includes Butts, Fayette, Henry, Lamar, Pike, Spalding and Upson counties
- Accredited by Commission on Accreditation of Rehabilitation Facilities (CARF)

Governance Structure

- Fayette 3
- Spalding 3
- Henry 4
- Pike 1
- Butts 2
- Lamar 1
- Upson 1

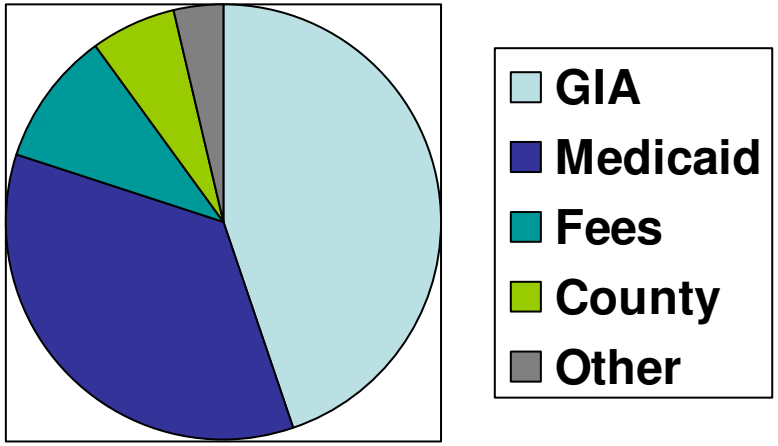
- Community mental halth, mental retardations and substance abuse boards – creation, membership, participation of counties, transfer of powers and duties; alternate method of establishment; bylaws (OCGA 37-2-6)

Mission

The mission of McIntosh Trail Community Service Board is to offer individuals experiencing symptoms associated with mental illness, addictive disease and/or developmental disability the hope for optimal functioning by providing quality behavioral health services and supports.

How Are We Funded?

- Contract with Department of Behavioral Health and Developmental Disabilities (DBHDD) 40%
- Medicaid and Medicare 38%
- County 4.75%
- Fees, such as self pay, private insurance, 15%
- Other, inc. grants 2%



How Are We staffed?

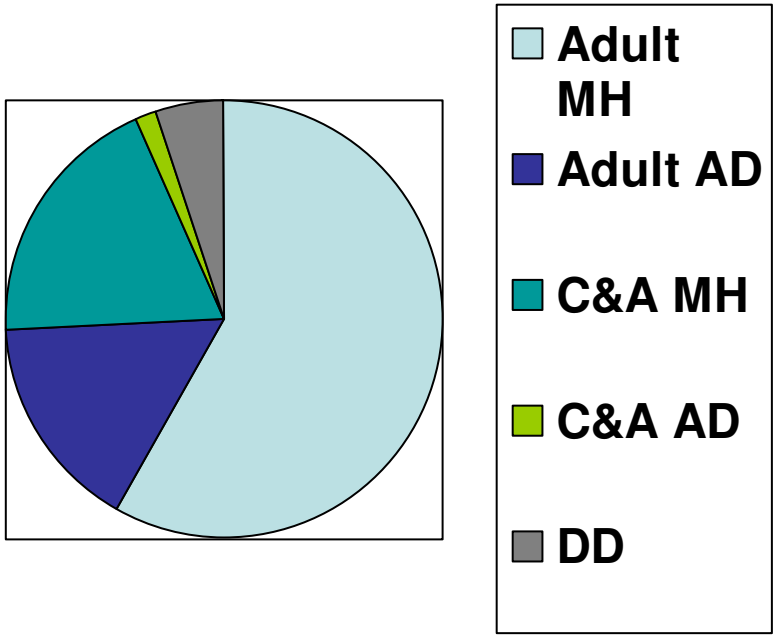
- McIntosh Trail CSB employs:
  - 200 Full time
  - 125 hourly staff through staffing agency
- Types of staff include:
  - mental health professionals,
  - substance abuse professionals
  - direct support specialists
  - community support specialists
  - registered nurses & LPN
  - psychiatrists
  - pharmacist
  - paraprofessionals
  - clerical and technical staff

Specific to Fayette County

22 employees work in Fayette County and 10 individuals live in Fayette County and work for McIntosh Trail!

Who Do We Serve?

- Children and Adolescents with severe emotional disturbance or substance abuse
- Adults with severe and persistent mental illness or addictive disease
- Adults with Developmental Disabilities



By The Numbers
Individuals Receiving Services

Fayette County

- Adults 579
- Youth 42
- Dev. Disability 35

What Is Mental Illness?

- A health condition that changes a person's thinking, feelings, or behavior (or combination) and that causes the person distress and difficulty in functioning. (National Institute of Health)
- Diagnoses include:
  - Depression
  - Anxiety
  - Schizophrenia
  - Bi-polar

Statistics on Mental Illness

- 1 in 5 adults have a diagnosable mental disorder in a given year; 5-7% have a serious mental illness (NIMH).
- Annual economic, indirect cost of mental illnesses is estimated to be $79 billion- approximately $63 billion as a result of loss of productivity (Am. J of Psychiatry).
- Suicide is the third leading cause of death for people 15-24 years of age (CDC).
- Approximately 50% of students with a mental disorder age 14 and older drop out of high school; this is the highest dropout rate of any disability group (NAMI).

What Mental Health Services Are Provided In Fayette County?

- Fayette County Counseling Center
  - Mental Health Evaluations
  - Psychiatric Assessment and Medication Monitoring
  - Individual, Family and Group Therapy
  - Community Support Services

Mental Health - Specialty Services

- Peer Support
- Pine Woods Crisis Stabilization
- Residential Services
  - Options
  - VOA Structured Residential
  - Personal Support
  - Shelter-Plus Care
  - Semi-Independent Living

Did You Know?

- Patty Duke and Jane Pauley report having a bi-polar disorder.
- Abraham Lincoln suffered from severe and debilitating depression.
- Anthony Hopkins talks openly about his struggles with depression and alcoholism.

Definition of Addictive Disease

- Addictive disease disorders are characterized by the chronic use of a drug which usually result in
  - tolerance for the substance;
  - physical dependence, characterized by physiological symptoms; and
  - compulsive drug-seeking behavior, with chronic, regular, or intermittent use, despite possible harm to self or others.

Addictive Disease Services Available in Fayette County

- Fayette County Counseling Center
  - Substance Abuse Evaluations
  - Nursing Assessment
  - Psychiatric Assessment
  - Group Counseling

New Choices – An Addictive Disease Treatment Facility for Women

- Specifically for women and children
- TANF and RFW
- Residential Services
- Treatment
- Child Care
- Jobs
- Aftercare

Did You Know?

- Treatment works
  - Early treatment for mental illness has a success rate of 60-80% compared to the 40-60% success for surgical treatment of heart disease.
  - Relapse rates are lower and compliance rates are higher for individuals with substance abuse compared to hypertension and asthma.

Developmental Disability - Definition

Chronic conditions that developed before age 22 and limit the ability to function mentally and/or physically.

Facts About Developmental Disabilities

- Currently thought that prevalence is about 3% of the population
- Many individuals with developmental disabilities have physical health problems
- With appropriate supports, individuals with developmental disabilities can:
  - Work
  - Live independently
  - Volunteer

Developmental Disabilities Services in Fayette County

- Fayette Community Options
  - Prevocational
  - Community access
  - Personal support
  - Supported employment

Impact to Our Community

- People in Recovery:
  - Are less likely to use acute care medical services
  - Are less likely to become incarcerated
  - More likely to get and keep a job
  - More likely to live in stable housing
  - Can be valued and contributing members of our community

Accessing Services

- Care Connection – 770-358-5252 or Georgia Crisis Access Line – 1-800-715-4225 for Mental Health
- Walk-in for crisis services
- Routine, emergent and urgent appointments
- Region 6 – 706-565-3611 for Developmental Disabilities

Questions and Answers